



# The Trinitarian

*Our Mission is to Worship... Learn... Serve...  
Our Vision is to Seek, Serve, and Accept All.*

July-August 2019

---

Dear People of God,

Do words matter? Does what we say make a difference? If you've ever tried to reason with a toddler having a meltdown in the bread aisle of the grocery store, you might wonder. Or if you've ever tried to encourage an addict to get clean, you might have your doubts. Or if you've ever tried to change the mind of a die-hard liberal/conservative who believes the exact opposite of you, you may think words are irrelevant. I remember walking into a funeral chapel to lead a service for a young couple whose baby child had died. The parking lot was full, the room was packed - none of that surprised me. But when I stood at the back of the chapel and saw that tiny casket at the head of the center aisle, my mind went blank and tears filled my eyes. For a few moments I couldn't think of any words that mattered.

And yet... and yet... as the Bee Gees sang of old, "they're only words, but words are all I have...." If we are going to think, we must have words. If we are going to love, we are going to need words. If we are going to disagree, we need words. Dr. J. Benjamin Bedenbaugh possessed a great, biblical mind. He taught New Testament in seminary. The only Bible he carried around was written in ancient Greek. He once mused to us, "A picture may be worth a thousand words, but it still takes words to say so." In the beginning was the Word....

When I was in first grade, my teacher placed me in the slow reading group. My parents were really pleased about that! Eventually, everybody accepted the fact that I was just that - a slow reader. I still am! Most people can read a book in a third of the time it takes me. But a funny thing happened as I lumbered along through grade school; I fell in love with words. Today I

read for work (theology, etc.) and for fun (I've almost always got a good mystery on my iPad) and I take particular delight when I come upon a well-turned phrase, or an author can string ordinary words together in a way that bursts with freshness.

Do words matter? Yes, for me, they certainly do. And, I believe, they matter for us all. A kind word can lift our spirits. A strong word can jolt us out of complacency. An honest word can save our lives. I've always been struck by the fact that Jesus did not say the same thing to everyone he met. One he comforts. Another he exhorts. Another he invites. Another he dresses down. But to each one, he offers words.

When we speak we offer words that create shared meaning between us and our hearers. A wise speaker tries to discern what word(s) are best in each circumstance to convey the love within. When I was a boy, my mother would call me in from playing when it was time for dinner - and I felt love. Sometimes, when I veered off course, she would call out "Eugene Henry!" and I knew I better show up promptly! And, beneath my trepidation, I knew I was loved enough that I was worth correcting. Words of love come in many voices.

Your words matter - a lot. With them you can bless or curse, tear down or build up, encourage or defeat. How will you choose to exercise this most precious gift of God?

Blessings,  
Pastor Kern

## Summer Music

We would love to hear you in worship – during the offering or Communion – during Sundays in late June, plus all of July and August. To sign up, please see Mary B, or use the sheet on the bulletin board near the Social Hall kitchen.



---

## Summer Worship – One Service!

### July - August and Labor Day Weekend



Worship  
Schedule  
for the  
Summer

Summer Sundays, July 7 through Labor Day weekend, September 1, we will offer **one combined service at 10:00 am**, followed by Coffee Hour.

This is a great opportunity to meet Trinity members who normally attend “that other” service. You'll also have plenty of time to enjoy the summer sunshine!

---

## Rides to Church

Have you missed Trinity events because you lacked transportation? Trinity has missed you too and the following members of the congregation would like to provide you with a ride to Trinity events:



**Need a Ride to Church?**

- 20886 Carol B**
- 20850 Margaret F**
- 20854 Peggy & Dick J**
- 20854 Miriam M**
- 20853 Nancy N**

Zip codes are provided to aid in finding a driver close to you. Do not hesitate to call. If you would like volunteer to drive, contact Dick J.

## My Faith Story

Trying to catch a bus. The schedule is irregular; you may have to hang from the side if there isn't a seat available right away. The infrastructure of this corner of Luzon hasn't really recovered after only 25 years after WW II, and this was the last hold-out of General Yamashita. I'm approached by an Aeta. Aetas are the original people of the Philippines and look more like aborigines of Australia. The Aeta begins talking to me in a very animated way, but I can't understand a thing he says. I talk to him in my best Ilocano, but neither of us is getting anything across. And he's not letting me out of this. I have great respect for the Aetas. My jungle IQ borders on “extremely disabled” and well, they are the true masters. I have even met U.S. Special Forces troops where part of their training was from the Aetas.

Fortunately, I notice a teacher a little ways down the road from one of my Peace Corps' science seminars. I know he's an Ibanag because this is the main language here in this place. I figure the two languages must interact at some point. I ask him over to help with this. And this is the story. Apparently, a Japanese soldier was in the process of killing an American black soldier during WW II, but the Aeta killed him with his bow and arrow instead. In the melee the Japanese soldier shot the Aeta twice. He shows me two bullet-hole scars on his arm. I thank him profusely; he smiles and walks away. I must be his first chance to tell his traumatic story, because it is almost never that an American comes here, and especially one that's approachable waiting at a bus stop like this.

In this post-Pentecost time I think of the trauma that the disciples needed to express as well and yes, in the beginning the outlet was in many languages. The release from the experience of the wrenching crucifixion and the complexity of the risen Lord must have been wonderful. As Peter told the High Priest and all the examining officials after their arrest following Pentecost: “For we cannot but speak the things which we have seen and heard.” (Acts 4:20) So we have the glorious opportunity to share what we have seen and experienced in Christ from trauma to this his eternity, rising in our lives.

Phil D

## Summer Collection:

### School Supplies for Lutheran World Relief

Lutheran World Relief (LWR) sends school kits to many locations worldwide to allow children to continue learning in the face of serious obstacles.

Beginning in July and continuing throughout the summer, Trinity will collect the school supplies listed below to assemble 200 kits. On God's Work Our Hands Sunday, September 8, Trinity will assemble the school kits during an Intergenerational Sunday School. Please place donations in the bins in the Social Hall.

800	70-sheet notebooks of wide- or college-ruled paper approximately 8" X 10½"; no loose-leaf paper
200	30-centimeter rulers, or rulers with centimeters on one side, inches on the other
200	Blunt scissors
1000	Unsharpened #2 pencils with erasers
1000	Black or blue ballpoint pens ( <b>no gel ink</b> )
200	Box of 16 or 24 crayons
200	2½" eraser

**Please note:** LWR asks that all kit items be new and have no religious, patriotic, military messages or symbols. Please contact Kathy T or Anita S with any questions.

## Serving Dinner at Women's Center

On **Sunday, August 4**, Trinity will serve dinner for 35 at the Interfaith Women's Center in Rockville. If you would like to contribute to the meal or assist with serving that evening, please contact Lynn B, Margaret F, or Kathy T.

## Chrismons at Trinity



What is a Chrismon? It's a combination of the words Christ and Monogram. They are the symbols you often see in churches, like the three intertwined circles indicating

the Trinity, or the Greek Chi (X) and Rho (P) letters that start the word Christos in Greek. Why is this important? Trinity will have a new 15-foot Christmas tree this December, and we would like to decorate it with Chrismons as symbols of our faith.

Carol B and Sabrina R will be going to North Carolina to take a class in Chrismon making in late July. They will return to teach a class to interested Trinity members and friends on **Saturday, August 3**, at 10 am. To ensure we have enough kits, we ask you to pre-register with Carol. If you cannot attend in August but would like to take a future class in September, please



let Carol know the dates you would be available. Not a crafty person, but still would like to take part? You may make a donation to Trinity (indicate Chrismons on the envelope), perhaps in honor or in memory of someone who helped you on your faith journey.

***The Trinitarian*** deadline  
is the 15<sup>th</sup> of the prior month.

The deadline for the **Sunday bulletin** is  
9:00 am on the preceding Tuesday.

**The Mission Endowment Committee** will meet on Tuesday, July 23. No other meetings are scheduled until July.

# Passages and Milestones

## July Birthdays

- |                 |              |
|-----------------|--------------|
| 1. Mary Ellen D | 12. Susan D  |
| 1. Mikael N     | 12. Karl M   |
| 1. Michael J    | 19. Henry C  |
| 6. Kristin G    | 20. Esther M |
| 7. Jane R       | 24. Petra T  |
| 9. Peter S      | 27. Joseph B |
| 11. James T     | 31. Jerry B  |

## July Baptismal Days

- |             |              |
|-------------|--------------|
| 6. Nicole S | 20. Joshua B |
| 7. Anja S   | 21. Jane F   |
| 13. Anita S | 21. Miriam M |
| 14. Ana N   |              |

## August Birthdays

- |                     |                |
|---------------------|----------------|
| 2. Carol B          | 18. James F    |
| 5. Giovanni S       | 18. Steven F   |
| 6. John W           | 18. June M     |
| 7. Luis H           | 19. Carter M   |
| 7. Kristina S       | 22. Jeffrey B  |
| 8. Kari-Elise C     | 23. Cristina G |
| 9. Bud B            | 26. Mary W     |
| 9. Wes O            | 27. Stella B   |
| 10. Sydney R        | 27. Richard J  |
| 10. Alissa C        | 31. Cooper G   |
| 11. Laura Shriver T | 31. Grayson D  |
| 15. Philip T        | 31. Eric S     |
| 15. Carol B         |                |

## August Baptismal Days

- |               |               |
|---------------|---------------|
| 9. Kevin M    | 26. Lindsay T |
| 19. Jane R    | 28. Annie A   |
| 21. Jerry B   | 28. Carol B   |
| 25. Kristin T |               |

## Deaths

Carolyn P +May 25, 2019 (friend of Mary B)

---

## Memorial Gifts

June 3, 2019

Vimala P. in memory of Pr. Robert M

Sharon D. G. in memory of John W

---

## Remember in Your Prayers

### THE CHURCH

**our synod & bishops:** Bishops Elizabeth Eaton & Richard Graham

**our missionaries:** Stephen Deal & Marta Giron, Cent. America

**our congregation:** Trinity Church

**THE NATIONS:** Afghanistan, Burkina Faso, El Salvador, Guatemala, Haiti, Honduras, Indonesia, Korea, Iran, Iraq, Israel, Liberia, Libya, Mexico, Myanmar, Namibia, Palestine, Somalia, Spain/Cataluña, Sudan, Syria, Ukraine, United States, Venezuela, Yemen, Zimbabwe

### THE SICK AND SUFFERING

**nursing/rehabilitation center:**

Philip T (Manor Care Potomac)

**home:**

Jean B, Tigist G, Susan K,  
Nancy N, James T, Chris T, Margo W

**family and friends\***

Matthew & Dierdre, friends of Susan K

Marlynn B, father of Christine B

James B, father of Mary B

Parri D, friend of David K

Maria F, friend of Carol B

Nora K, mother of Jeanine B

Eric L, friend of Tom K & Sarah M

Barbara R & Sonny L,

aunt & uncle of Sabrina R

Lindsay L, friend of David K

Charlene Z, niece of Marilyn G

*\*For family and friends, prayer requests will be kept on the list for four weeks. After four weeks, please complete another card.*



## Refugee Families Update

Our families are continuing to do well. Aziz received a promotion at his engineering firm. His wife has been attending English classes several times a week, and their daughter just finished first grade.

Shahpur has a steady job in security. His wife is attending English classes, and his sons will be in first grade and pre-K next year.

Both families will be moving to a new apartment complex at the end of June. Shahpur's family is in need of more furniture for their new apartment, including a sofa, chairs, dining table, queen or full mattress and bed frames. If you have any items you're no longer using and would like to donate, please contact Kathy T



**God's work.**  
**Our hands.**

---

## Prayers In Action



### Thank You!

I want to thank everyone at Trinity for your prayers, phone calls, emails, cards, and positive thoughts during my health challenge. At this point in my recovery the surgery looks like it was successful and the results are what the doctors expected.

Thank you,  
*Diana B*

## Mailbag



### From Interfaith Works:

Dear Friends at Trinity Lutheran:

Thank you so much for your generous donation to the Interfaith Works Clothing Center. We commend you for your social conscience and desire to share with the less fortunate. Thank you so much for all those diapers – a big need at the IWCC!

In Gratitude,  
*Monica Barberis-Young*  
*Director of Family Services, Friend in Action*

---

Thank you for the Trinity Lutheran Church's gift of \$1,543 to support Becky's House through your Mission Endowment Fund. With this kind contribution, you have made it possible for Interfaith Works to provide the commitment, resources, and compassion that truly help people find a way to lift themselves out of poverty. Your ministry's support is transforming lives. Together we can help individuals achieve stability.

We are especially grateful for the Youth of Trinity who nominated Becky's House for this award. Thank you!

With deep gratitude,  
*Shane Rock*  
*CEO, Interfaith Works*

### From Bethesda Help:

Thank you for your March donations of 950 lbs of food to Bethesda Help, Inc. Your support of our mission – namely to provide immediate short-term assistance to local residents who are in financial crisis – is deeply appreciated. We also thank Anita for delivery of this amazing amount of food.

Sincerely,  
*Yuliya Petrova*  
*Director of Donor Relations, Bethesda Help*

# July 2019

		July 7	July 14	July 21	July 28	
<b>Acolytes</b>	10:00	TBD	TBD	TBD	TBD	
<b>Assisting Ministers</b>	10:00	Leslie C	Jim K	Sabrina R	Jonah W	
<b>Children's Church</b>	10:00	TBD	TBD	TBD	TBD	
<b>Greeters</b>	10:00	Phil & Noralyn D	Peggy J	Jonah W	Sarah G	
<b>Lector</b>	10:00	Robyn K-V	Sarah G	David K	Miriam M	
<b>Ushers</b>	10:00	TBD	TBD	TBD	TBD	
<b>Coffee Hour</b>	10:00	Margaret F	TBD	TBD	TBD	
<b>Altar Custodians</b>	10:00	Miriam M				
<b>Tellers</b>		Bud & Lynn B	Dick & Peggy J	Annie A, Mina	Bud & Lynn B	
<b>Bulletin (Prior Thurs)</b>		CS	Noralyn D	Louise G	Dick J	

# August 2019

		August 4	August 11	August 18	August 25	
<b>Acolytes</b>	10:00	TBD	TBD	TBD	TBD	
<b>Assisting Ministers</b>	10:00	Nathan L	Tad D	Miriam M	Tom K	
<b>Children's Church</b>	10:00	TBD	TBD	TBD	TBD	
<b>Greeters</b>	10:00	Nancy J	Donna & Steve S	Linnea A	Louise G	
<b>Lector</b>	10:00	Leslie C	Nathan L	Sabrina R	Jim K	
<b>Ushers</b>	10:00	TBD	TBD	TBD	TBD	
<b>Coffee Hour</b>	10:00	(potluck)	Tad & Vi D	Louise G	TBD	
<b>Altar Custodians</b>	10:00	Winsome G				
<b>Tellers</b>		Greg & Margaret F	Dick & Peggy J	Thor N, Petra T	Annie A, Mina	
<b>Bulletin (Prior Thurs)</b>		Noralyn D	Diana B	Dick J	Louise G	

## Trinity Prayer Labyrinth

Saturday, June 15, the Boy Scout Troop, some members of Trinity, and I spent eight hours outside digging and laying bricks for Trinity's brand-new Prayer Labyrinth. The prayer labyrinth design is different from most other designs because there are two paths, one going in, and one going out. The design was made to have this feature so that two or more people using the labyrinth won't run into each other.

To use the labyrinth, enter on the left and walk on the grass. (The path is outlined by bricks.) One suggestion for your prayer journey is to walk slowly into the center. During this time, think about what you may have done wrong, or what

may have gone wrong in your life. Once in the center, take five minutes to contemplate these issues and ask God to help you. On the way out, exiting on the other path, think about ways to improve your life that you discussed with God.

I would like to thank the Mission Endowment Committee for providing the funding for this project.

The prayer labyrinth is outside on the Luxmanor side of the playground.

*Joshua B*

# July 2019

# July is Men in Ministry Month

<b>Every Sunday: Child Care 8:00 a.m. – 12:15 p.m.</b> <b>Fellowship/Coffee Hour after each service</b> <b>1<sup>st</sup> Sunday each month is ELCA Hunger Offering</b>		<b>Mon Jul 1</b>	7pm	Luxmanor Citizens' Assoc (10)
		<b>Tue Jul 2</b>	11:15am	Staff Meeting
			6:30pm	Stephen Ministry Supervision (10)
			7:30pm	Boy Scout Troop 1324 (SH)
		<b>Wed Jul 3</b>	8pm	AA (SH, Kit)
		<b>Thu Jul 4</b>	8pm	ICWF Bible Study (10)
		<b>Tue Jul 9</b>	11:15am	Staff Meeting
			7:30pm	Boy Scout Troop 1324 (SH)
			7:30pm	Congregation Council (10)
<b>Sun Jul 7</b>		<b>Wed Jul 10</b>	1pm	Trinity Men's Group (off-site)
<b>Lectionary 14 / Pentecost 4</b>			8pm	AA (SH, Kit)
Coffee Hour Potluck (names A-L)		<b>Thu Jul 11</b>	8pm	ICWF Bible Study (10)
10am	<b>Combined Service Holy Communion</b>	<b>Sat Jul 13</b>	8:30am	DC Area Chapter 12-Step (10)
11:15am	After Church w/ Pr Kern - Transition		8pm	AA 2nd Sat (SH)
3pm	ICWF Worship & Sunday School			
		<b>Tue Jul 16</b>	11:15am	Staff Meeting
<b>Sun Jul 14</b>			7:30pm	Boy Scout Troop 1324 (SH)
<b>Lectionary 15 / Pentecost 5</b>		<b>Wed Jul 17</b>	8pm	AA (SH, Kit)
10am	<b>Combined Service Holy Communion</b>	<b>Thu Jul 18</b>	8pm	ICWF Bible Study (10)
11:15am	After Church w/ Pr Kern - Transition	<b>Sat Jul 20</b>	10am	ICWF VBS (SH)
3pm	ICWF Worship & Sunday School			
		<b>Tue Jul 23</b>	11:15am	Staff Meeting
<b>Sun Jul 21</b>			7:30pm	Boy Scout Troop 1324 (SH)
<b>Lectionary 16 / Pentecost 6</b>			7:30pm	MEF Mission Endowment Team (10)
10am	<b>Combined Service Holy Communion</b>	<b>Wed Jul 24</b>	8pm	AA (SH, Kit)
11:15am	After Church w/ Pr Kern - Transition	<b>Thu Jul 25</b>	8pm	ICWF Bible Study (10)
1:45pm	Bethesda H&R (Parish Life)	<b>Fri Jul 26</b>	9:30pm	ICWF All-Night Prayer (10)
3pm	ICWF Worship & Sunday School	<b>Sat Jul 27</b>	3pm	ICWF Choir (10)
		<b>Mon Jul 29</b>	8:30am	Natl Phil Summer Strings Inst
<b>Sun Jul 28</b>		<b>Tue Jul 30</b>	8:30am	Natl Phil Summer Strings Inst
<b>Lectionary 17 / Pentecost 7</b>			11:15am	Staff Meeting
10am	<b>Combined Service Holy Communion</b>		7:30pm	Boy Scout Troop 1324 (SH)
11:15am	After Church w/ Pr Kern - Transition	<b>Wed Jul 31</b>	8:30am	Natl Phil Summer Strings Inst
3pm	ICWF Worship & Sunday School		8pm	AA (SH, Kit)

**Worship** joyfully  
**Learn** intentionally  
**Serve** thankfully

+

**Seek** those who deserve to hear the good news  
**Serve** enthusiastically in the name of Jesus  
**Accept** all as the children of God that they are.

Please see our online calendar at [www.trinityelca.org](http://www.trinityelca.org). When planning events at Trinity, please first confirm room availability with the church office. Thank you.

<b>Every Sunday: Child Care 8:00 a.m. – 12:15 p.m.</b> <b>Fellowship/Coffee Hour after each service</b> <b>1<sup>st</sup> Sunday each month is ELCA Hunger Offering</b>	<b>Thu Aug 1</b>	8:30am Natl Phil Summer Strings Inst 8pm ICWF Bible Study (10)	
	<b>Fri Aug 2</b>	8:30am Natl Phil Summer Strings Inst	
	<b>Sat Aug 3</b>	10:00am Chrismon Class	
<b>Sunday, Aug 4 (Lectionary 18/Pentecost 8)</b> Coffee Hour Potluck (names M-Z) 10am Combined Service <b>Holy Communion</b> 3pm ICWF Worship & Sunday School TimeTBA Serving Dinner, Interfaith Women’s Shelter	<b>Mon Aug 5</b>	8:30am Natl Phil Summer Strings Inst	
	<b>Tue Aug 6</b>	8:30am Natl Phil Summer Strings Inst 11:15am Staff Meeting 6:30pm Stephen Ministry Supervision (10) 7:30pm Boy Scout Troop 1324 (SH)	
	<b>Wed Aug 7</b>	8:30am Natl Phil Summer Strings Inst 8pm AA (SH, Kit)	
	<b>Thu Aug 8</b>	8:30am Natl Phil Summer Strings Inst 8pm ICWF Bible Study (10)	
	<b>Fri Aug 9</b>	8:30am Natl Phil Summer Strings Inst	
	<b>Sat Aug 10</b>	8:30am DC AreaChapter 12-Step (10) 8pm AA 2nd Sat (SH)	
	<b>Sunday, Aug 11 (Lectionary 19/Pentecost 9)</b> 10am Combined Service <b>Holy Communion</b> 3pm ICWF Worship & Sunday School	<b>Mon Aug 12</b>	8:30am Natl Phil Summer Strings Inst
		<b>Tue Aug 13</b>	8:30am Natl Phil Summer Strings Inst 11:15am Staff Meeting 7:30pm Boy Scout Troop 1324 (SH) 7:30pm Congregation Council (10)
		<b>Wed Aug 14</b>	8:30am Natl Phil Summer Strings Inst 1pm Trinity Men's Group (off-site) 8pm AA (SH, Kit)
		<b>Thu Aug 15</b>	September Trinitarian Newsletter Deadline 8:30am Natl Phil Summer Strings Inst 8pm ICWF Bible Study (10)
<b>Fri Aug 16</b>		8:30am Natl Phil Summer Strings Inst	
<b>Sunday, Aug 18 (Lectionary 20/Pentecost 10)</b> 10am Combined Service <b>Holy Communion</b> 1:45pm Bethesda H&R (Worship & Music) 3pm ICWF Worship & Sunday School		<b>Mon Aug 19</b>	8:30am Natl Phil Summer Strings Inst
		<b>Tue Aug 20</b>	8:30am Natl Phil Summer Strings Inst 11:15am Staff Meeting 7:30pm Boy Scout Troop 1324 (SH)
		<b>Wed Aug 21</b>	8:30am Natl Phil Summer Strings Inst 8pm AA (SH, Kit)
		<b>Thu Aug 22</b>	8:30am Natl Phil Summer Strings Inst 8pm ICWF Bible Study (10)
		<b>Fri Aug 23</b>	8:30am Natl Phil Summer Strings Inst 9:30pm ICWF All-Night Prayer (10)
	<b>Sat Aug 24</b>	3pm ICWF Choir (10)	
	<b>Sunday, Aug 25 (Lectionary 21/Pentecost 11)</b> 10am Combined Service <b>Holy Communion</b> 3pm ICWF Worship & Sunday School	<b>Mon Aug 26</b>	9:15am Trinitarian mailing 7:30pm Heavenly Handbells (Wor)
		<b>Tue Aug 27</b>	11:15am Staff Meeting 7:30pm Boy Scout Troop 1324 (SH)
		<b>Wed Aug 28</b>	8pm AA (SH, Kit)
		<b>Thu Aug 29</b>	8pm ICWF Bible Study (10)

Please see our online calendar at [www.trinityelca.org](http://www.trinityelca.org). When planning events at Trinity, please first confirm room availability with the church office. Thank you.





**Trinity Lutheran Church**  
11200 Old Georgetown Road  
North Bethesda, MD 20852-3202

Date Mailed  
June 24, 2019

Non-profit Org  
US Postage Paid  
Permit #34  
Suburban, MD 208

Address Service Requested

301-881-7275  
office@trinityelca.org  
www.trinityelca.org  
facebook.com/TrinityELCA



**Summer Sundays,**  
**July 7 through September 1,**  
We will have **one combined service at 10 am,**  
followed by Coffee Hour.

Join us for worship and fellowship ...  
and still have plenty of time to enjoy the  
summer sunshine!